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Shiatsu is a healing therapy from Japan that is based on ancient Chinese medical practices. The word "shiatsu" translates as "finger-pressure". Shiatsu has 1 rating and 0 reviews. Line drawings and photographs are used to demonstrate the techniques of a Japanese method of massage that is believed. Shiatsu (??) is a form of Japanese bodywork based on ideas in traditional Chinese medicine. There is no evidence that shiatsu is an effective medical treatment. In the Japanese language, shiatsu means "finger pressure". Shiatsu .Shiatsu, Japanese Finger Pressure Therapy: Do it Yourself Acupressure. Front Cover. William Schultz. Drake Publishers, - Acupressure - pages. Shiatsu treatment consists of pressure applied with the balls of the thumbs and fingers and the palms of the hands to specific points on the surface of the body. Shiatsu: Japanese Finger Pressure Therapy. Front Cover. William Schultz. Random House Value Publishing, - Health & Fitness - pages. "Shiatsu" is a Japanese word meaning "finger pressure". It is a "hands-on" therapy used both as a compliment to conventional medicine and as a preventative. SHIATSU: JAPANESE FINGER-PRESSURE THERAPY. Namikoshi, Tokujiro. Tokyo: Japan Publications, Paperback in near very good condition. Item # . What is Shiatsu? "Shiatsu" is a Japanese word meaning "finger pressure". It is a " hands-on" therapy used both as a compliment to conventional medicine and as. brunobahs.com: Shiatsu: Japanese Finger-Pressure Therapy: Pictorial wraps with fold-in flaps, 81pp, fully illustrated. Welcome to Our AbeBooks Store for books. I've been selling books for long and have achieved more than 99% positive feedback on eBay and brunobahs.com Shiatsu is a Japanese form of bodywork, and as such embodies and reflects the .. the treatment as in acupuncture, finger pressure is used in shiatsu treatment. Shiatsu is a Japanese treatment that uses the same energy points than acupuncture, using finger pressure instead of using needles. In fact. Shiatsu is Japanese for "finger pressure"; it is a type of alternative medicine of shiatsu therapy) are used to apply pressure to designated areas of the body. From the beginning to the end of a Shiatsu treatment, pressure is applied by the Shiatsu therapist's thumbs, fingers and palms. The strength used, and the length . Buy Shiatsu: Japanese Finger Pressure Therapy Reprint by Tokujiro Namikoshi ( ISBN: ) from Amazon's Book Store. Everyday low prices and. "Shiatsu" translates as "finger pressure." There are different styles of Shiatsu, all of which have roots in one of three systems that developed in Japan in the early. Shiatsu: Japanese Finger Pressure Therapy: brunobahs.com: William Schultz: Books. Shiatsu: Japanese Finger Pressure Therapy: brunobahs.com: Tokujiro Namikoshi: Books.

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